



## Coaches' Code of Conduct

### Mini and Junior Section

Rugby is a sport for everyone. Any coach or volunteer helper working with young players within Knutsford Rugby Club has responsibilities to the players, their parents, the Club and the sport of Rugby.

This Code has been written to set out the minimum standards of behaviour commensurate with fulfilling these responsibilities. All coaches and volunteer helpers will be called upon to confirm they have read, understood and therefore agree to abide by the Code.

- Coaches recognise the importance of fun and enjoyment and that most learning is achieved through activity and participation.
- Coaches will be constructive and encouraging to all players and parents.
- Coaches appreciate the needs of the players before the needs of the sport.
- Coaches ensure that all players have the opportunity to participate in training, games and tournaments. Coaches will never intentionally make any player feel excluded from the team.
- Coaches recognise that Rugby involves both winning and losing and will encourage players to keep a realistic perspective and to behave with dignity.
- Coaches ensure that training is matched to player's age, ability, physical capability and mental development.
- Coaches respect referees and their decisions. Furthermore, they will encourage players to do the same.
- Coaches ensure that all players are coached in a safe environment with adequate first aid to hand.
- Appropriate supervision will be provided for players on and off the field.
- Coaches recognise that young players should never be exposed to extremes of heat, cold or unacceptable risk of injury.
- Coaches recognise that healthy eating is important in the development of young players.
- Coaches endeavour to act as positive role models.
- Coaches ensure that their own knowledge and coaching strategies are up-to-date and in-line with RFU philosophy and expectations.
- If involved in touring as a team, coaches will be aware of and abide by the RFU recommended procedures for taking young people on residential tours at home and abroad.
- Coaches will be aware of, and abide by the policies and procedures outlines in the Policies and Procedures for the Welfare of Young People in Rugby Union.